



Capital Region
Minority Supplier
Development Council



OLD DOMINION UNIVERSITY

Institute for Innovation & Entrepreneurship

WOMEN'S BUSINESS CENTER



The Mustard Seed Place

WHERE.SMALL.DREAMS.GROW.BIG

CRP Capital
Readiness
Program

Powered by the Minority Business Development Agency



FINANCIAL WELLNESS CHALLENGE

The Financial Wellness Challenge is a 5-week class designed to help current and aspiring entrepreneurs on their journey to improving their personal economy. With the goals of understanding and improving personal credit scores, accessing credit reports and creating a strategy to address deficiencies, providing real-life budgeting skills, and developing wealth-building strategies, participants will create a personal "Financial Well-Being Roadmap" by the end of the 5-week challenge.

Class starts: April 29, 2025

Class hours: 9:30 AM to 11:30 AM

Class location: The Mustard Seed Place, 240 High St., Portsmouth, VA

Virtual Mastermind Sessions with Financial Institutions: Thursdays 9:30 AM to 11:30 AM

Seating limited, participants will be pre-screened.

**For More information contact the Women's Business Center
(see contact information below)**

*Tuition and classes are funded in part by the U.S. Department of Commerce, MBDA Capital Readiness Program.
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wbcinfo@odu.edu



757-683-7150